



Daily Training Checklist



- ☐ Wake up & Ignore until CALM
- ☐ Sit & Wait at Breakfast (~ 1 minute)
- ☐ Sit & Wait at the door before going on walk
- ☐ Keep dog by your side or behind when walking
- ☐ "Go lay down" & stay before exiting
- ☐ No saying goodbye when exiting



- ☐ Ignore dog when entering until they're CALM
- ☐ Sit & Wait at Dinner (~ 1 minute)
- ☐ Sit & Wait at the door before going on walk



- ☐ Don't allow jumping or bad behavior EVER
- ☐ Practice commands daily! (sit, down, stay, etc.)